

Hypnosis for CHANGE

Take negative stress and turn it into positive relaxation!



Hypnosis is a powerful tool for many areas of self-improvement. For college students, the most common areas of self-improvement are study habits and stress relief. This presentation will explore the true powers of the mind.



Hypnotist, Keith Karkut, will talk about how our mind is affected by our daily lives, and how our surroundings help influence our outcomes of life. Keith will point out that if these influences go unnoticed they can change our daily thought processes for the worst (in us). This presentation will give your students the positive tools to better their outlook on life and change the way they think on a daily basis; thus, leading them on a pathway to personal success. Hypnotist, Keith Karkut, will talk about the negative words that affect the way we think and how to turn negatives into positives.

This program is perfect for business people, athletes, students, or just about anyone in need of making positive changes in their lives.

There are 2 ways that this program can be presented:

- 1. As an accompaniment to the hypnosis show (i.e. - book Keith's hypnosis show & then later that night or the next day book this life-changing program)*
- 2. As a program where Keith gives a brief hypnosis demonstration & then does a brief explanation of how hypnosis can change your life.*

